




# Progressive muscle-strength protocol for the functionality of upper limbs and quality of life in individuals with Parkinson's disease: Pilot study

Thais Vianna Correa<sup>1,2</sup>, Thiago da Silva Rocha Paz<sup>1,2</sup>, Silvana Allodi<sup>3</sup>, Vera Lúcia Santos de Britto<sup>1,2</sup>,  
Clynton Lourenço Correa<sup>1,2</sup> 

<sup>1</sup> Graduate Program of Physical Education, Universidade Federal do Rio de Janeiro, Brazil

<sup>2</sup> Institute of Neurology Deolindo Couto, Universidade Federal do Rio de Janeiro, Brazil

<sup>3</sup> Graduate Program of Physiology, Universidade Federal do Rio de Janeiro, Brazil

Received 1 February 2020, Revised 6 April 2020, Accepted 6 May 2020, Available online 23 May 2020.



Acesso restrito via

<https://www.sciencedirect.com/science/article/abs/pii/S0965229920302314>